# HANDSWORTH PRIMARY SCHOOL



## Odd Socks Day

On Monday 15 November, we will be marking the start of Anti-Bullying Week by wearing odd socks to school.

Thousands of children and adults across the UK are going to be wearing odd socks on and there's a really good reason why!

It's the start of Anti-Bullying Week. Odd Socks Day is a national event all about celebrating what makes someone unique.

### Mrs Nairne's Headlines

#### **Christmas Fayre**

The Friends of Handsworth Christmas Fayre will take place on Saturday 26th November from 11am-4pm, this is an important fund-raising event for the school.

We are seeking donations for the Fayre. From Monday ,donations can be left on the trollies in the school reception area.

We still need volunteers, if you would like to help at the Fayre, please message Jill on 07399 580 642

We hope those attending the Quiz Night tonight have a wonderful time!

#### **Children in Need**

This year's BBC Children in Need appeal is on Friday 18 th November.

Once again, Year 6 pupils will be planning and running a number of fundraising activities on the day to help raise money for this great charity.

The day will be a non-uniform day, - wear your own clothes or pyjamas for a voluntary donation of £1! Year 2 - Year 6, don't forget to bring some change for games and cakes.

Please can children bring an additional £1 to go towards our Winter Wonderland!



# MUSIC OF THE WEEK

Ragtime

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Scott

Each week we introduce the children to a different musical artist or genre. The children listen to this music around the school, in class and in assemblies.

# Well done to our Year 6 children who went to Sports Hall Athletics today!





#### **Maths Parent Workshop**

I am sure you will agree that Maths is at heart of everyday life; whether it is calculating the best value at the shops or working out how long a journey will take - it is difficult to avoid, and essential to understand! The question, most parents ask is, "How can I support my child in Maths at home?" This is usually quickly followed by, "It's not how I learnt it at school!" And it is true - methods, teaching techniques, mathematical language and the journey children take in mathematics has changed since we were at school. So how can you best support your child? The answer is to understand that journey and be part of it. I would like to invite you to be part of Maths workshops as outlined below:

## Years 3 and 4 on Tuesday 22nd November 2022 at 3:45-4:45pm in Mrs Buckley's classroom

# Years 5 and 6 on Thursday 24th November 2022 at 3:45-4:45pm in Mr Mussel's classroom.

The workshops will be led by the Year 3-6 teachers and Mrs Chetty, our Maths Lead. Please come along and find out about:

\*How we teach Maths at Handsworth Primary.

\*What your child is learning in Maths.

\*What mathematical skills your child is expected to know to be successful at Maths.

\*The methods used to teach the four operations: addition, subtraction, multiplication and division.

It is important you are aware of how to support your child with these key skills. This will be a fantastic opportunity for you to become more involved in your child's Maths journey.

Please enter via the front door entrance to the school office. We look forward to seeing you there!



# Parent and Carer's Maths Workshop

Year 3 and 4 Tuesday 22nd November 3:45pm to 4:45pm

Year 5 and 6 Thursday 24th November 3:45pm to 4:45pm

Sessions will be held in Key Stage 2 classrooms.





## Dear Parents/Carers, WOOHOO... MONDAY 14<sup>TH</sup> NOVEMBER IS ODD SOCKS DAY!

#### WHAT IS ODD SOCKS DAY?

Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 14th November. Last year over 13,000 schools took part in Odd Socks Day. Andy Day (CBeebies/ CBBC) and his band Andy and the Odd Socks are supporting the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year. Have a listen to the brilliant song they have recorded especially for Anti-Bullying Week, Calling Out.

#### WHY IS ODD SOCKS DAY IMPORTANT?

The day sends an important message to pupils that they should be allowed to be themselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.

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Festive Songs

Reception Tuesday 13th December 2.30pm In the main hall

Year 1 Wednesday 14th December 2.45pm In the main hall

Year 2 Thursday 15th December 2.45pm In the main hall

Key Stage 2 Friday 16th December 1.45pm In The Playground

### Please pay for School Dinners in advance

The cost of school dinners is £2.50 a meal. This half term the cost is £87.50. If your child is in Key Stage 2 and you do not qualify for free school meals, please make payment on ParentPay.

We continue to talk to our children about our Child Friendly Safeguarding Policy. Please continue to remind them about this at home. Safeguarding is everyone's responsibility. Please click on the image below.

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000 WALTHAM FOREST SECRET SANTA 2022 • • • •

> Give a gift to women & children escaping domestic abuse forced to spend this Christmas in shelters.

#### EMAIL WALTHAMFORESTSECRETSANTA@GMAIL.COM

#### LAST DAY SUN 20th NOV!



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"It really restored my faith in people, and that there is hope and a brighter future waiting for my daughter and me



#### End-of-the-day Meltdowns

Do you ever find the end of the day particularly difficult? Does your child become extra teary or uncooperative? Even if they love school, it is hard work for children to hold it together all day, faced with so many challenges, people, rules and transitions. When they come home to you they finally feel safe enough to let go of all the emotions they stored up all day. After being apart for so long children will also feel disconnected from you and their meltdown is a way to tell you that they are feeling alone.

#### How can parents help?

Stop (HALT) and ask yourself: is your child Hungry, Angry, Lonely, or Tired? The key is to prepare for the end of the day assuming that your child could be feeling all of the above. First, make sure you refill your own cup before you pick up your child from school: take 5mins to pause and think of one thing you can do for yourself once your child is in bed tonight. When you pick him up, take the time to reconnect with lots of hugs and delight, and give him your attention.

Have simple healthy snacks ready to go at pick-up or the moment you get home and perhaps put on some soothing music too. Try to keep your child nearby as you prepare dinner maybe even prepare it together and keep it fun!

Simplify your evenings so that you can use this time to connect.

With best wishes, Greta Play Therapist









## School Street Campaign





We believe the children of Handsworth Primary School and Highams Park School deserve a street with less traffic and better air quality at school start and end times, creating a safer and more healthy environment. We are therefore working on a campaign to turn Handsworth Avenue in to a School Street closing the road off to traffic for an hour at drop off and collection times, for the great health benefit and safety of all children.

This campaign is being led by Ben and Marnie, two parents at our school.

We would like to canvas opinion and gather support for the campaign the more people backing the proposal the more likely we can make it happen. We would like parents, teachers and local residents on affected roads to fill in the form on the link below to let us know their views.

<u>Let us know your views.</u>

We have now added a pupil voice survey here.

# COFFEE MORNING

Neurodiversit

# Enda Murphy

Cognitive Behavioural therapist and International speaker Take home tips on how to manage your neurodiverse child

# Friday 9th Dec 9-11am

Handsworth primary school

Waltham Forest Holiday Activity and Food Programme is now open to enrol your child in a free holiday clubs programme over the winter.

There are free places available for children and young people eligible for benefit related free school meals. This opportunity is provided as part of the government's expanded Holiday Activities and Food (HAF) programme being delivered across Waltham Forest.

The scheme provides enjoyable activities and nutritious meals for primary and secondary school aged children who are eligible for benefits-related free school meals. Children will be able to access a wide range of sessions throughout the winter holiday, at no cost to you.

The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a nutritious meal each day. To find out more and the places available to book, please visit here

To book a place you must enter your unique code: HAFW4568 for your child when asked for the 'FSM Code' at checkout. If you have any queries regarding the holiday activity programme, please email

hamforest.gov.uk

#### or call 0208 496 4720

ACTIVITY AND FOOD

In addition to this programme, families who are eligible for Universal Credit may be able to claim back up to 85% of their childcare costs. Please visit new to find out more.









## Keep your child safe on WhatsApp

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What are the risks?

- Bullying, particularly in group chats
- Seeing content of a sexual nature, or showing violence and hatred
- Settings that allow messages to disappear after 24 hours or 7 days. This could make it harder to track bullying, and your child might share things they wouldn't otherwise because it'll disappear
- Sharing their live location, particularly with people they don't know in person
- Spam or hoax messages
- Being exposed to strangers through group chats

WhatsApp says the **minimum age** to use it is **16**, but younger children can still use it easily.



6 steps to help your child use WhatsApp safely

# 1. Keep their personal information and location private

By default, WhatsApp shows profile photos, status and when you last used it to all users.

Encourage your child to only share this information with their contacts, and be careful about who they talk to on the app, as anyone could pretend to be a child online.

To check and change these settings:

- On an iPhone, open settings in WhatsApp (the cog icon), then Account > Privacy. Tap the setting you want to change, then choose who it should be visible to
- On Android, tap the 3 dots in the top-right of the home screen, then > Settings > Account > Privacy. Tap the setting you want to change, then choose who it should be visible to

WhatsApp also has a feature that you can use to share your 'live location' with others. Tell your child to keep this turned off, or to only share their location with people they trust.

To check this:

- On an iPhone, go to phone Settings (the cog icon) > WhatsApp > Location, and tap to change if you need to
- On Android, go to privacy settings as above, then scroll down to 'Live location', and tap to change if you need to



### 2. Remind your child to be careful about what they share

It's easy to forward messages, photos and videos to others on WhatsApp. Even if your child sets a message to automatically disappear or deletes it after sharing it, the person they send it to could still screenshot it, forward it to someone else, or save it.

So before they share anything, tell them to ask themselves: "Would I want others to see what I'm about to send?"

### 3. Remind your child they can leave group chats

If they see something they're not comfortable with in a group chat, or are in a chat with someone they don't know and are uncomfortable with, they should leave the group. To do this:

- On an iPhone, go into the group chat, tap the group subject, then > Exit group > Exit group
- On Android, go into the group chat, tap the group subject, then > Exit group > Exit

# 4. Make sure your child knows how to report and block people

When they first receive a message from an unknown number, they'll have the option to report it.

If someone in your child's contacts is upsetting them or making them uncomfortable, they can report or block them at any point (WhatsApp won't tell the user they've been blocked/reported).

To do this:

- On an iPhone, open settings in WhatsApp, go to Account > Privacy > Blocked > Add New..., then find the contact they want to block, and tap the contact
- On Android, tap the 3 dots icon, then Settings, then tap Account > Privacy > Blocked contacts, tap the icon in the top right showing a person and a plus sign, search for the contact they want to block, then tap the contact to block them

To report issues like offensive or abusive content or spam:

- On an iPhone, open the chat with the user you want to report, tap the contact then then tap Report Contact > Report And Block
- On Android, open the chat with the user you want to report, then tap the 3 dots icon, then > More > Report







# 5. Encourage your child to watch out for spam and hoax messages

These can appear to come from contacts, as well as people they don't know. Tell your child to watch out for messages that:

- Ask them to tap on a link, or specifically to click on a link to activate a new feature
- Ask them to share personal information like bank account details, date of birth or passwords
- Ask them to forward the message
- Say they have to pay to use WhatsApp
- Have spelling or grammar errors

# 6. Tell our school about any bullying they experience

Look for signs your child may be being bullied, like feeling nervous, losing confidence or becoming distressed and withdrawn, or losing sleep.



# Early Help

Our Early Help Community Drop-In is here.

It's a place where everyone can come to get friendly support and information from local volunteers, community organisations and Waltham Forest Early Help teams in an informal space.



We can help you with information about local services, support for parents, community activities, and help to use online services and more.

# Drop in from 9.45-11.15am



WalthamForest Parent Forum provide help and support for families with SEND children. They offer events, and clubs for children in Waltham Forest. You can find more information <u>here</u>





Pupil Voice Survey: School Streets Campaign We believe we deserve a street with less traffic and better air quality at school start and end times, creating a safer and more healthy environment. Let's gather momentum and build our campaign by completing the pupil voice survey <u>here</u>. Kind regards, The School Council

### HandsFest 2023

Thank you Parents/Carers, staff and, of course, fellow Handsworth pupils for your feedback on the inaugural HandsFest 2022. We really appreciated it. So much so...





Well done School Council! We received our Bronze accreditation level and will now be working towards Silver! We received the letter below from the Safe and Active Travel Officer



## Bronze level accreditation 2022

I would like to thank yourself and your school community for all your hard work over the past academic year. After submitting all of your evidence and data, Transport for London have awarded you **BRONZE** accreditation level, demonstrating your continued commitment towards a safer and healthier school environment. Your STARS certificate and star will be sent to you before Christmas. Despite a challenging year, you have participated in the Council's or created your own events and activities to raise the awareness of road safety and sustainable transport, as well as completed the annual travel to school survey.



## Link with the School Priorities Personal Development

Provide pupils with meaningful opportunities to understand how to be responsible, compassionate and active citizens who contribute positively to society.

# Star of the Week

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IH	EAIDA	<b>2KC</b>	CHARLIE
		2BD	ELLA



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RH

<b>3TC</b>	LILY	<b>5MW</b>	CLARA
3LB	NETA	5RT	LAKISHA
4FB	EDITH	6SN	AMELIA
4jG	ISLA	6MU	SERENA

The purpose of Star of the Week is for us to have the opportunity to celebrate every child in our community specifically. We encourage everyone to celebrate what is wonderful about that child. Children do not need to do anything to earn Star of the Week – each child deserves it and they will each get a turn. The stars also have the opportunity to have tea with Mrs Nairne and Ms Addai. We know some children did not attend today, they will come to the celebration next week!

If your child is Star of the Week we encourage you to ask them to repeat to you some of the positive statements their classmates and teachers make about them and add your own!